



# YOU ARE NOT ALONE PROGRAM



Do you have a friend or family member that is elderly or requires additional help and needs to be checked on regularly, or are you that person and would like to receive a phone call to ensure you're doing well? You can sign up for the El Segundo Police Department's "You Are Not Alone" (YANA) Program. Learn more about the YANA program below and how to apply.

## HOW DOES IT WORK?

The YANA program is free to all El Segundo residents and helps provide on-going contact for seniors, persons with disabilities, or anyone that can benefit from the routine contact.

The El Segundo Police Department Volunteers make the phone calls to the participants weekly on a day and time designated by the resident. If three phone calls are unanswered, a phone call is made to the emergency contact on file. If after both attempts, the resident still cannot be reached, the Volunteer contacts the program coordinator, and a welfare check is made at the persons residence.

## WHAT ARE THE BENEFITS?

- Provide peace of mind and sense of comfort and confidence for the City's homebound older or disabled adult residents who enjoy the independence of living alone.
- Isolated people are at a higher risk for exploitation from predators who target older adults and those who lack social support. By staying connected to the community, participants can reduce the chance of being victimized.
- Access to community information for support or referrals.

## TO QUALIFY FOR THE YANA PROGRAM, PARTICIPANTS MUST:

- Be a resident of the City of El Segundo
- Be able to answer the phone.
- Provide emergency contact information
- Complete and sign the registration form (Unsigned forms will not be accepted)

## REGISTRATION:

YANA referrals can also be made by friends or family members who know someone who lives in the City of El Segundo and would benefit from this program. Participants will need to consent if referred by a friend or family member.

To register go to [www.elsegundopd.org/yana](http://www.elsegundopd.org/yana)

For assistance in completing the registration form or to request more information, contact the Crime Prevention Analyst Sirena Boskovich by email at [sboskovich@elsegundo.org](mailto:sboskovich@elsegundo.org) or at 310-524-2274.